

Monday

Jump Start

For ages 6 -11 years

4.15 - 5.15pm | £3/£1.50 per session or £13.50/£27 per term

East Midlands Dance Network Open Class

6 -7.30pm | £8

Wednesday

Selfhood Practices

11am - 1pm | Donation

Thursday

Lunchtime Pilates

12.30 - 1pm | Pay What You Can

Move into Pilates

1.15 - 2.15pm | Pay What You Can

Friday

Making Moves

For ages 0-5 years

9.45 - 11am | £5/£3 (for families that live in St Ann's)

Masterclasses

K-Pop Masterclass

with Byul Ryan (House of Im Kdance)

Saturday 3 October

12.30 - 2.45pm | 20/£5 (access support tickets)